

Application News

No.C116

Liquid Chromatography Mass Spectrometry

Quantitative Analysis of Steroid Hormones Using Triple Quadrupole LC/MS/MS

Steroid hormones are heavily involved with the control of metabolism, neurotransmission, and intracellular signaling, playing critical roles in the proper functioning of the body. Further, not only do steroids play roles in sedation and seizure prevention, they are known to be effective in cancer treatment and regenerative

medicine. Steroid quantitation in biological samples is therefore an important tool in clinical research. This Application News introduces the analysis of steroid hormones in human serum by LC/MS/MS following pretreatment using ISOLUTE® SLE+ (supported liquid extraction).

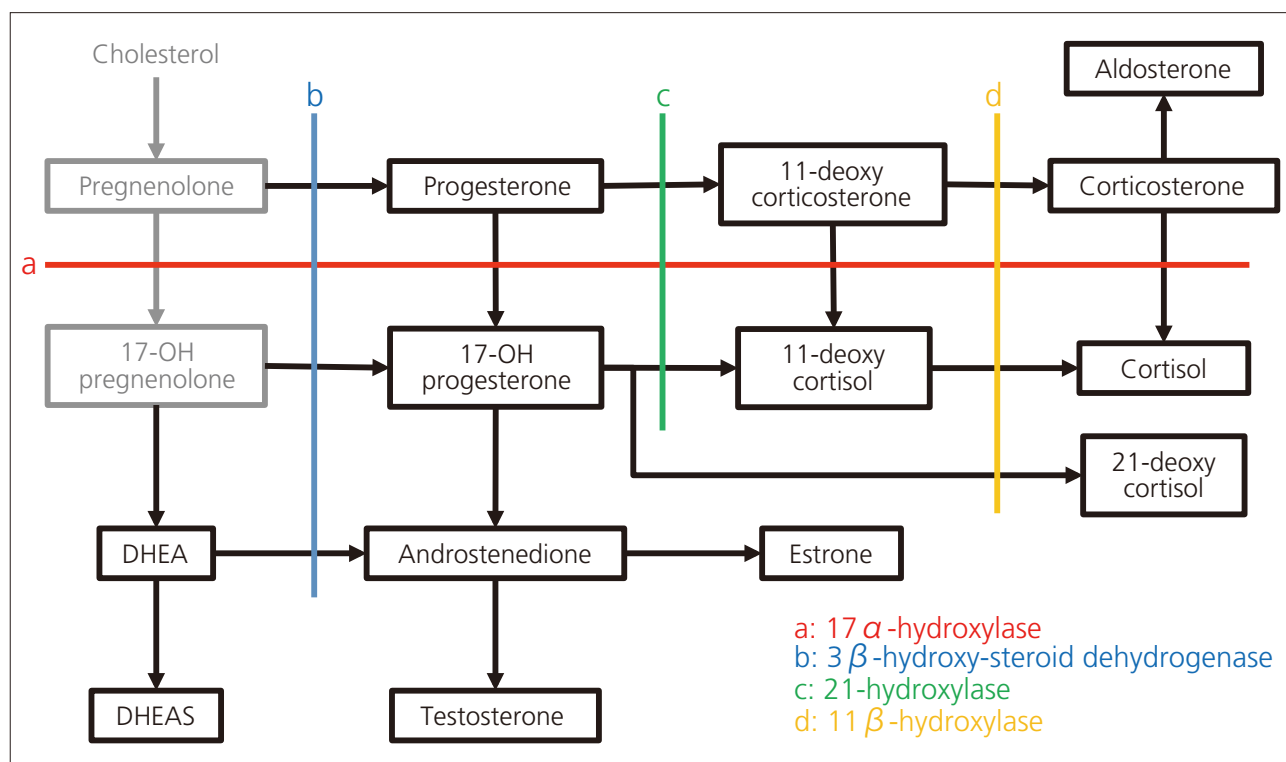


Fig. 1 Major Pathways of Steroid Biosynthesis

Table 1 Analytical Conditions

[LC] NexeraX2 System	
Column	: Shim-Pack FC-ODS (75 mm L. x 2 mm I.D., 3 μ m)
Column Oven	: 40 °C
Mobile Phase A	: 5 mM Ammonium Formate - Water
Mobile Phase B	: 5 mM Ammonium Formate - Methanol
Gradient	: 35 %B (0 - 2.5 min) → 35 %B → 45 %B (2.5 - 4 min) → 45 %B → 80 %B (4 - 12 min) 95 %B (12.01 - 15 min) → 35 %B (15.01 - 18 min)
Flowrate	: 0.3 mL/min
Injection Volume	: 10 μ L
[MS] LCMS-8050	
Ionization	: ESI
DL Temp.	: 110 °C
Heat Block Temp.	: 450 °C
Interface Temp.	: 370 °C
Nebulizer Gas	: 3 L/min
Drying Gas	: 7 L/min
Heating Gas	: 13 L/min

MRM Parameters

Compound Name	Group	Ret. Time (min)	Precursor m/z	Product m/z (1)	Product m/z (2)	Compound Name	Group	Ret. Time (min)	Precursor m/z	Product m/z (1)	Product m/z (2)
Aldosterone	1	5.52	361.20	315.20	343.00	Androstenedione	6	8.83	287.10	97.10	109.15
Aldosterone IS	1	5.47	367.20	349.25	331.10	Androstenedione IS	6	8.79	292.10	100.10	113.05
Cortisol	2	6.55	363.40	121.10	97.00	Testosterone	7	9.46	289.10	97.15	109.05
Cortisol IS	2	6.57	366.10	121.10	97.10	Testosterone IS	7	9.42	294.10	100.00	113.05
DHEAS	3	7.21	271.20	213.20	197.10	DHEA	8	9.03	271.20	213.20	253.15
DHEAS IS	3	7.18	277.10	219.20	203.10	Estrone	8	9.04	271.10	133.05	157.05
21-Deoxycortisol	4	7.46	347.20	311.20	121.05	11-Deoxycorticosterone	8	9.22	331.20	109.05	97.05
Coricosterone	4	7.84	347.20	121.15	97.15	17-OHP	8	9.72	331.10	97.00	109.00
Coricosterone IS	4	7.77	355.20	125.05	337.00	17-OHP IS	8	9.66	339.10	100.05	113.10
11-Deoxycortisol	5	8.04	347.20	109.10	97.05	Progesterone	9	11.34	315.20	97.05	109.10
11-Deoxycortisol IS	5	8.01	352.20	100.15	113.05	Progesterone IS	9	11.26	324.10	100.00	113.00
						DHEAS_neg	10	7.20	367.10	97.10	
						DHEAS_neg IS	10	7.17	373.10	98.00	

Type	Event#	+/-	Compound Name	m/z	Time (4.653 min - 12.331 min)
MRM	1	+	Aldosterone IS	367.20>349.25, 367.20>331.10	
MRM	2	+	Aldosterone	361.20>343.00, 361.20>315.20	
MRM	3	+	Cortisol IS	366.10>121.10, 366.10>97.10	
MRM	4	+	Cortisol	363.40>121.10, 363.40>97.00	
MRM	5	+	DHEAS	271.20>213.20, 271.20>197.10	
MRM	6	+	DHEAS IS	277.10>219.20, 277.10>203.10	
MRM	7	+	21-Deoxycortisol	347.20>311.20, 347.20>121.05	
MRM	8	+	Coricosterone IS	355.20>125.05, 355.20>337.00	
MRM	9	+	Coricosterone	347.20>121.15, 347.20>97.15	
MRM	10	+	11-Deoxycortisol	347.20>109.10, 347.20>97.05	
MRM	11	+	11-Deoxycortisol IS	352.20>100.15, 352.20>113.05	
MRM	12	+	Androstenedione IS	292.10>100.10, 292.10>113.05	
MRM	13	+	Androstenedione	287.10>97.10, 287.10>109.15	
MRM	14	+	Estrone	271.10>133.05, 271.10>157.05	
MRM	15	+	DHEA	271.20>253.15, 271.20>213.20	
MRM	16	+	11-Deoxycorticosterone	331.20>109.05, 331.20>97.05	
MRM	17	+	Testosterone	289.10>97.15, 289.10>109.05	
MRM	18	+	Testosterone IS	294.10>100.00, 294.10>113.05	
MRM	19	+	17-OHP	331.10>97.00, 331.10>109.00	
MRM	20	+	17-OHP IS	339.10>100.05, 339.10>113.10	
MRM	21	+	Progesterone	315.20>97.05, 315.20>109.10	
MRM	22	+	Progesterone IS	324.10>100.00, 324.10>113.00	
MRM	23	-	DHEAS_neg	IS 373.10>98.00	
MRM	24	-	DHEAS_neg	367.10>97.10	

Calibration Curves

MRM measurement was conducted for 13 types of steroid hormones. Fig. 2 shows the calibration curves obtained using a mixed standard solution, in addition

the MRM chromatograms obtained using a concentration of each steroid in the vicinity of its LOQ.

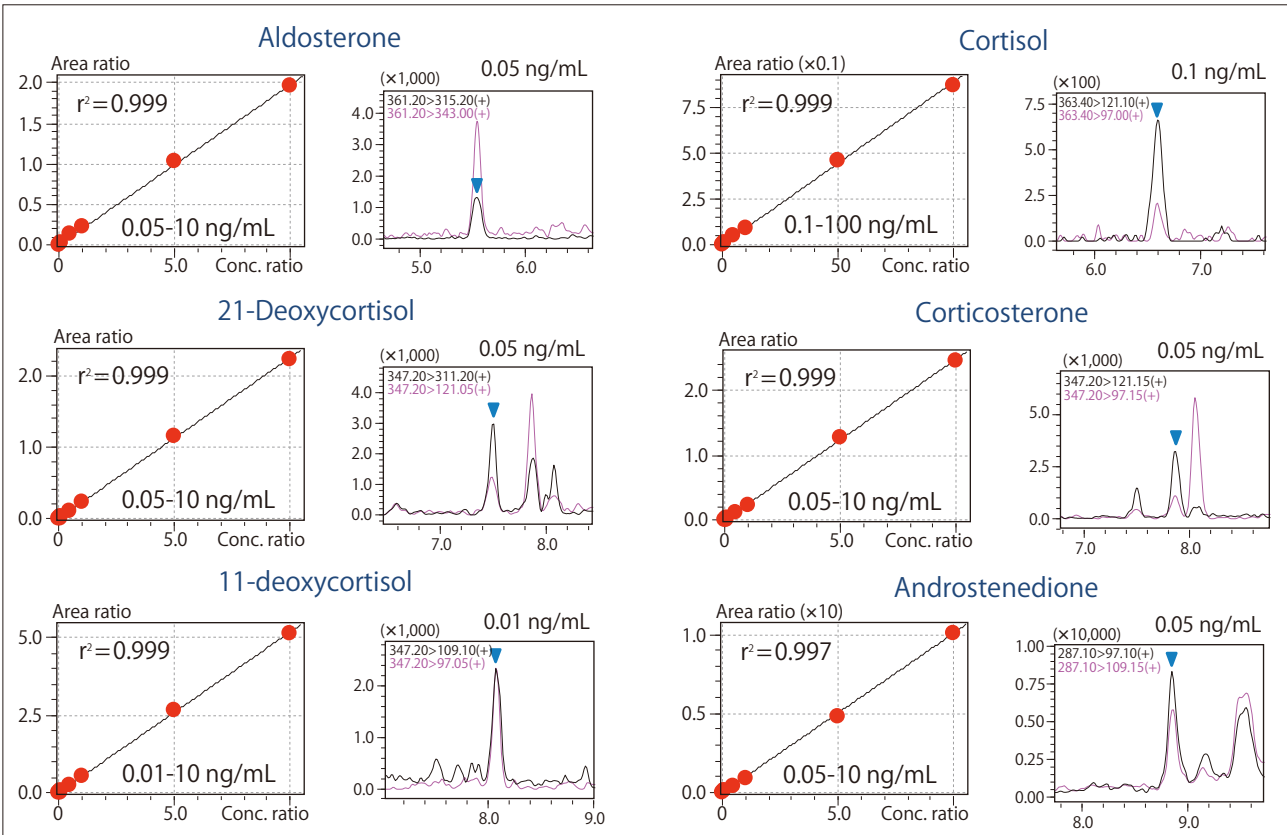
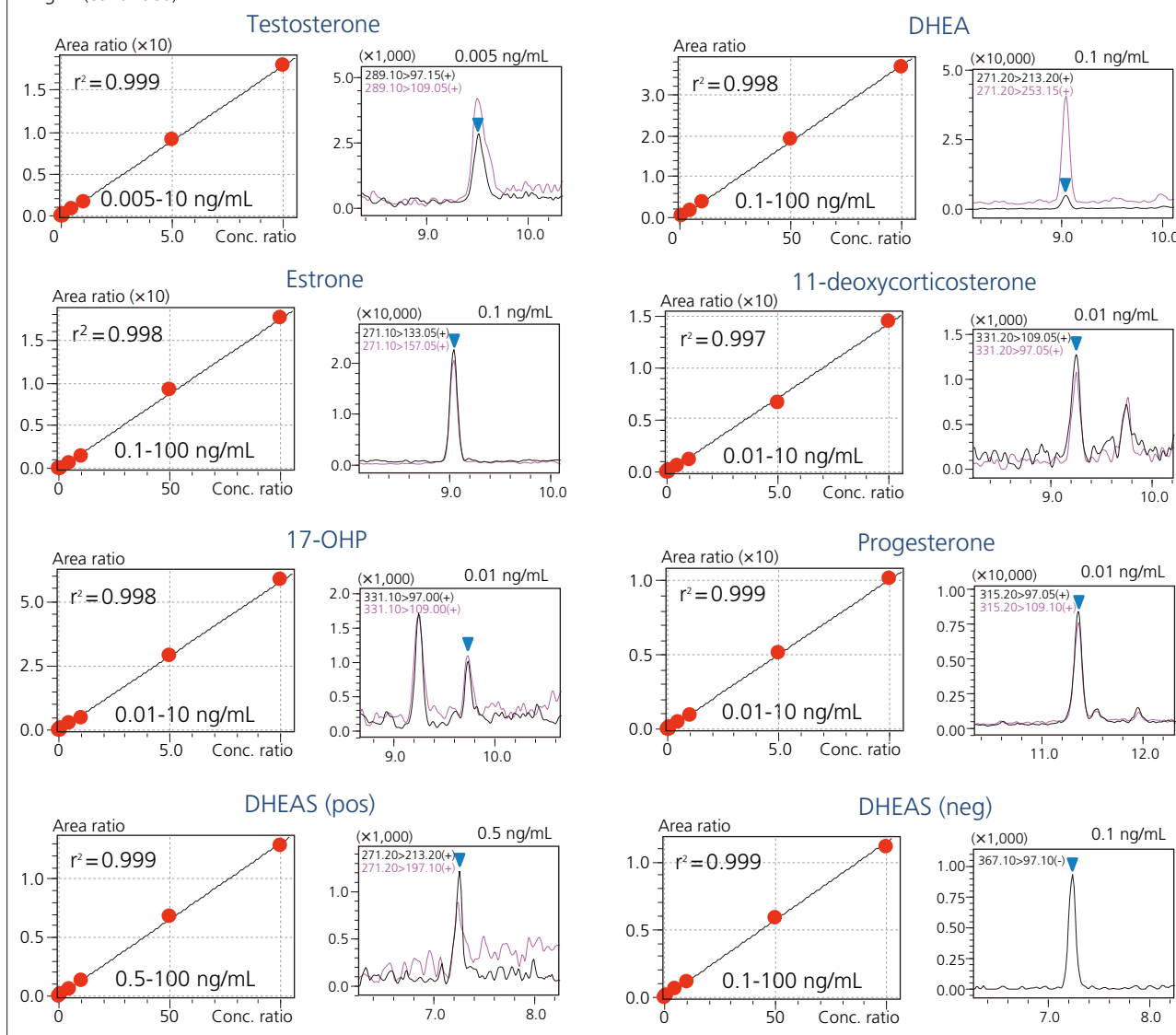


Fig. 2 Calibration Curves and MRM Chromatograms of 13 Steroid Hormones

Fig. 2 (continued)



■ Sample Preparation Using ISOLUTE® SLE+

Biological matrices are complex and require cleanup prior to LCMS analysis. ISOLUTE® SLE+ was used to eliminate the influence due to endogenous compounds such as proteins, phospholipids and salts. The reduction

of matrix interference allows for lower levels of quantitation, and higher confidence in analytical results. The method that was used for steroid hormone extraction is outlined below.

1. Sample Preparation

Dilute the serum sample (100 μ L) with ultrapure, HPLC grade water (300 μ L), and mix.

2. Sample Loading

Dispense the prepared sample (400 μ L) onto the plate and apply pressure. Wait 5 minutes for sample to completely absorb into diatomaceous earth.

3. Apply Extraction Solvent

Add dichloromethane (900 μ L \times 2) to deep well plates to elute, and allow solvent to flow for 5 minutes under gravity. Then apply pressure for analyte elution.

4. Post Extraction Processing

Transfer eluate to glass vial, and heat to dryness at 40 $^{\circ}$ C. Re-dissolve in 100 μ L of solvent (mobile phase A 66 %, mobile phase B 35 %, v/v). Centrifuge and transfer supernatant onto a new plate.

Table 2 shows the concentration range added to the serum, the rates of recovery, and the matrix effect with respect to the 12 types of steroid hormones. The analysis recovery rates were determined by comparing the area values of Sample B, in which the serum was spiked with the steroids prior to pretreatment, and

Sample A, in which only the serum was subjected to pretreatment, after which it was spiked with the steroids. The matrix factor was determined by comparing the area values of Sample A with that of the standard solution S.

Table 2 Recovery and Matrix Factor of 12 Steroid Hormones (n=3)

Compound	Concentration Range Added to Serum (ng/mL)	Recovery %	Matrix Factor
Aldosterone	0.05-10	94.8 %	0.13
Cortisol	0.1-100	94.7 %	0.31
21-Deoxycortisol	0.05-10	94.6 %	0.13
Coricosterone	0.05-10	107.1 %	0.30
11-Deoxycortisol	0.01-10	93.7 %	0.21
Androstenedione	0.05-10	94.2 %	0.09
Testosterone	0.005-10	80.2 %	0.00
DHEA	0.1-100	89.8 %	0.19
Estrone	0.1-100	94.3 %	0.30
11-Deoxycorticosterone	0.01-10	96.2 %	0.26
17-OHP	0.01-10	94.6 %	0.19
Progesterone	0.01-10	89.8 %	0.19

The Recoveries and matrix factor were determined according to the following equations.

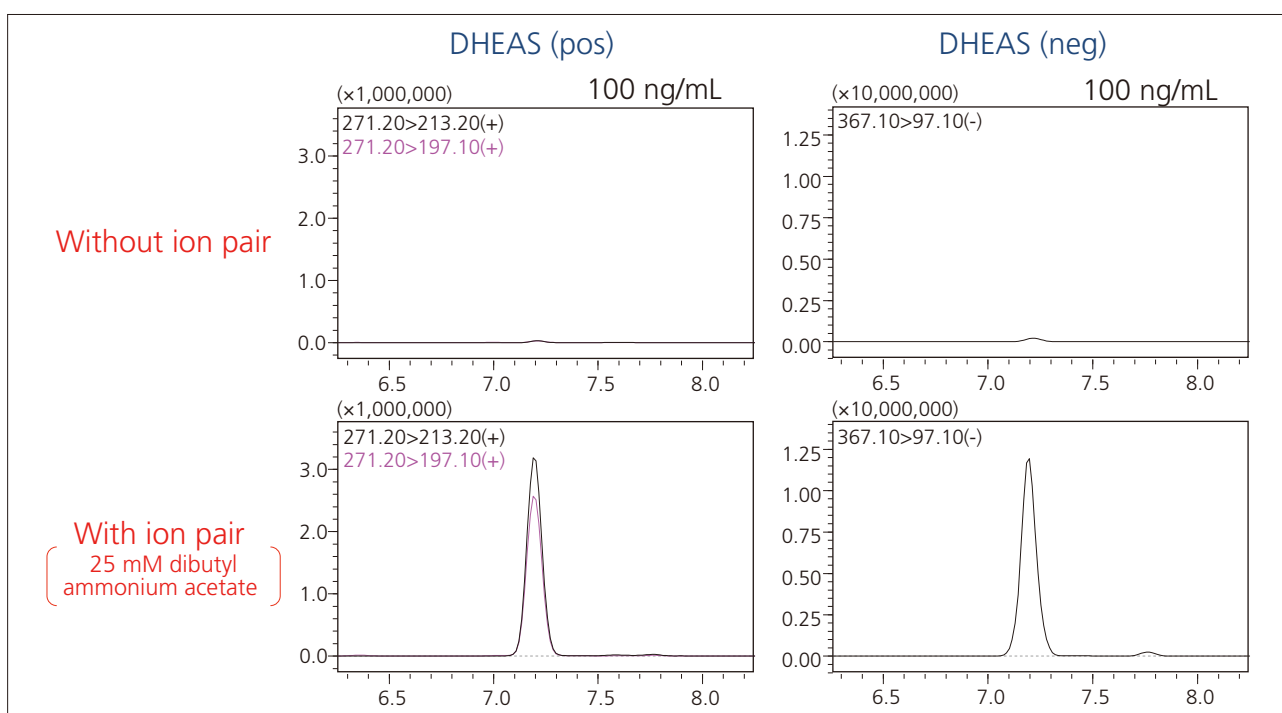
Recovery = $[B]/[A] \times 100$

Matrix Factor = $1 - [A]/[S]$

■ Use of Ion Pair Reagents

The use of ion-pair reagents is a valid approach in analysis of ionic compounds where recovery is normally difficult. In the case of DHEAS, we were able to obtain

a high recovery rate by spiking the sample with an ion pair reagent (25 mM dibutyl ammonium acetate) during pretreatment.

**Fig. 3 Comparison of MRM Chromatograms of DHEAS With and Without Ion Pair Reagent****Table 3 Recovery and Matrix Factor of DHEAS (n=3)**

Compound	Concentration Range Added to Serum (ng/mL)	Recovery %	Matrix Factor
DHEAS (pos)	0.1-100	86.2 %	0.06
DHEAS (neg)	0.1-100	89.3 %	0.11

Note)

The published data was not acquired using an instrument registered by Japanese pharmaceutical affairs law.

[Acknowledgment]

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